Peranan SEAMEO RECFON dalam Penyelenggaraan Training/Short Course dan Pendidikan Gizi di Asia Tenggara

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SEAMEO RECFON

Dies Natalis ke-15 Poltekes II Jakarta
Jakarta, 22 April 2015
Outline

• Degree (Master’s and Doctorate) Program
• Short Courses and Regional Postgraduate Training
• SEA-NLP (Southeast Asian Nutrition Leadership Program)
• Roll-out Courses and Special Programs
SEAMEO at a glance

- Southeast Asian Minister of Education Organization (SEAMEO) was established in 1965.
- Its aims are to promote professional, academic and cultural exchanges between all countries in the region.
- It has 21 specialist institutions located in the region that undertake training and research programs in various fields of education, science, and culture.
SEAMEO RECFON
(Regional Center for Food and Nutrition)

• SEAMEO RECFON is formerly known as SEAMEO TROPMED Regional Centre for Community Nutrition (SEAMEO-TROPMED RCCN), one of the four SEAMEO Centres under the TROPMED Network.

• Located in Jakarta, Indonesia, hosted by University of Indonesia
VISION

Be the centre of excellence in human resource development in the area of food and nutrition in Southeast Asia.

MISSION

To conduct research, education, capacity building, and information dissemination in food and nutrition through partnership for sustainable human resource development.

CORE VALUES

• Integrity • Strive for excellence • Commitment •
• Team work • Respect cultural diversity • Partnership •
Degree Program at SEAMEO RECFON

The Master Program is under the Study Program of Nutrition, faculty of Medicine, University of Indonesia.
MSc in Community Nutrition: Graduates by country (1992-2014)

Indonesia, 173, 83%

Vietnam, 14, 7%

Thailand, 1, 1%

Other, 5, 2%

Philippine, 9, 4%

Myanmar, 2, 1%

Malaysia, 3, 1%

Laos PDR, 1, 1%

Other countries: Ghana, Mozambique, Tanzania

208 MSc alumni (1992 onward)
Doctorate in Nutrition: Graduates by country (1992-2014)

Indonesia, 31, 86%
Myanmar, 2, 5%
Philippine, 2, Vietnam, 1,
6%, 3%

36 PhD alumni (1992 onward)
Short Courses & Regional Postgraduate Trainings
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<td>Research Methodology*</td>
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* Regional postgraduate training
Short course participants, by country (2007-2014)

- Indonesia: 61%
- Cambodia: 5%
- Vietnam: 4%
- Others: 4%
- Brunei: 0%
- Thailand: 5%
- Philippine: 6%
- Malaysia: 5%
- Laos PDR: 2%
- Singapore: 3%
- Vietnam: 5%
- Timor Leste: 3%

Other countries:
- Asia:
  - Bhutan, India, Japan, Nepal, Srilanka
- Non-Asia:
  - Australia, Colombo, Germany, Maldives, Mongolia, Kenya, Sudan

Over 450 participants
Colaborative Seminars

• Fac.Medicine Unibraw (2009)
  Prof. Rosalind Gibson (Otago University, New Zealand)

• Fac.Medicine Univ. Indonesia - CME (2014)
  Prof. Frans J. Kok (Wageningen University, Netherlands)

• Poltekkes Bengkulu (2014)
  Prof. Rosalind Gibson (Otago University, New Zealand)

• Upcoming:
  Fac. Medicine Univ. Indonesia - CME (June 11, 2015),
  Prof. Frans J. Kok (Wageningen University, Netherlands),
  “Genes, Diet and Low-grade Chronic Inflammation”
South East Asian Nutrition Leadership Program (SEA-NLP)
237 SEA-NLP alumni (2002-2013)
SEA-NLP Alumni, by country (2002-2013)

- Indonesia, 113 (48%)
- Philippines, 27 (11%)
- Malaysia, 25 (11%)
- Thailand, 19 (8%)
- Vietnam, 19 (8%)
- Lao PDR, 9 (4%)
- Myanmar, 10 (4%)
- Cambodia, 7 (3%)
- Iran, Brunei, Timor Leste, India, 8 (3%)
SEA-NLP Alumni, by institutions (2002-2013)

- Academia: 138 (58%)
- Government: 80 (34%)
- Research Institute: 8 (3%)
- NGO: 4 (2%)
- Private: 7 (3%)

Total: 237 SEA-NLP alumni
 SEA-NLP
Program Structures

Step 1

Step 2

Step 3

Hap...Hap...Hap..!
Listen...Take a note...practice!!

Class session
Case study

the ART to speak, listen, negotiate, accept, decide
SEA-NLP Program Structures

- Newsletter
- Lectures and debate on nutritional issues in the region

Post-training activity: Planning for the future (action planning) →
Country/ Multi-country Project
RE-ECHO TRAINING OF THE 9TH SOUTHEAST ASIAN NUTRITION LEADERSHIP PROGRAM (SEANLP)

in collaboration with

JOSEPHINE L. GUIAO, RND, DCN, MSc
9th SEA-NLP
Dietary Adviser (DMO IV)
National Center for Health Facility Development
Department of Health-Philippines
Problems to be addressed in “action planning workshop”

- Nutritional Inadequacy of meals served by the Nutrition and Dietetics Service
- Absence of a hospital facility that would manage severely malnourished children admitted at the pediatrics department
- Lack of understanding and familiarity of SOPs for ISO 9001:2008 certification of hospital operations according to international standards
Re-echo Training of the 9th Southeast Asian NUTRITION LEADERSHIP PROGRAM
Ciudad Christhia Resorts, San Mateo, Rizal, July 8-12, 2013

Re-echo SEA-NLP Graduates, Philippines
University District Network for the improvement of Public Health Policy

Nur Indrawaty Lipoeto (1st SEA-NLP), Denas Symond, Defriman Djafri (Fac. of Public Health, Andalas University, West Sumatra, Indonesia)

Build relationship with local government
- Develop local data for policy decisions
- Build collaboration with local governments as sources of data
- Sign agreements with 3 districts

Capacity development of local health officers
- Capacity development of health officer of the districts in data entry and simple data analysis,
- Formulate health survey instrument,
- Create system for exchanging health information between University and Districts.

Active use of local data to inform policy decisions
- Preparing Health District Development Information
- Implementing by: KISS-Rule =
  - Keep it Simple and Smart
  - Monitoring and Evaluation

GOAL: To build close network between University and health offices in exchanging information for the improvement of public health policy decision process
The quarterly newsletter “Nutrition Digest” is developed by the alumni to provide scientific updates on maternal and child nutrition studies conducted in SEA countries and others. It also brings to alumni other relevant global literature with broader implications on maternal and child nutrition.
"To the extent that each year, the participants left having learnt several soft skills, including team work and speaking in public, is an excellent testimony to the success of the SEA NLP programme, worthy of continued support from all" (Prof. Khor Geok Lin, Malaysia)

"SEA NLP has not only imbued the participants with managerial skills and the ability to lead but also influence them to act and empower others" (Prof. Corazon VC Barba, Philippines)

"...knowing our own potential, have aspiration and finds solution are the essential of leadership. I am most proud when I found that SEANLP participants had that kind of transformation during their training” (Dr. Siti Muslimatun, Indonesia)
The PARTICIPANTS:
What has SEANLP enabled me to be...

“It has helped me to join a network of collaboration with other nutritionists and nutrition researchers in the region.” Prof. Dr. Le Thi Hop, Vietnam, 1st SEANLP

“Myself I felt more confident to lead and now is recognized as expert in the field of nutrition in Lao PDR”. Sengchanh Kounnavong, MD, MSc. Nutr., PhD, LAO PDR, 1st SEANLP

“This program has injected into my system commitment and teamwork as the core values to be treasured towards success”. Dr. Imelda Angeles-Agdeppa, Philippine, 1st SEANLP

“After attending SEANLP, I adopted my motto for life and work: “What we do, defines who we are”. Dr. Gene Charoonruk, Thailand, 4th SEANLP

“The SEA-NLP has an important role in training and motivating young people in ASEAN to work together”. Dr. Hamid Jan B. Jan Mohammed, Malaysia, 5th SEANLP

“SEANLP helps me to solve practical problems in field work during data collection, negotiate with seniors and subordinates, to be a good follower as well as a good leader, overcome the challenges with more confidence”. Dr. Lwin Mar Hlaing, Myanmar, 9th SEANLP
Contribution and achievements of SEA-NLP alumni

Programs and policy:

• Integration of HACCP and program in Food Service establishment regulation/control (1st batch SEANLP, Indonesia)

• Advocacy among local government units (LGUs) to pass resolutions adopting nutrition intervention strategy among infants and young children and their mothers/caregivers through the complementary feeding and nutrition education components (5th batch SEANLP, Philippine)

• Development of dietary guidelines and programs at national level (6th batch SEANLP, Malaysia)

• Development and implementation of policy and programs on Maternal and Child Nutrition (9th batch SEANLP, Cambodia)

• Development of strategies for international accreditation of the Department (10th batch SEANLP, Indonesia)
Contribution and achievements of SEA-NLP alumni

Research:

• Patent of local food as treatment for severe undernutrition, adopted by the local hospitals (1st batch SEANLP, Indonesia)

• Research and community development activity, “Model of partnership to translate guideline into practices for optimal diet of SEA community” (1st batch SEANLP, Indonesia)

• Reviewers in international peer-reviewed journal (9th batch SEANLP, Malaysia)

• Translational research:
  – the role of vitamin A and sub-clinical inflammation in iron supplementation program for adolescent girls (7th batch SEANLP, Myanmar)
  – the importance of optimized complementary feeding diet in the context of iron supplementation for under-two-year-old children (9th batch SEANLP, Myanmar)
What are the future challenges?

• Post SEA-NLP (Advanced) Training:
  – Mentoring, time management, assertiveness, delegating, stress management, strategic planning

• Multi-center, multi-country research and collaboration activities (within and across region)

• Alumni network
The Alumni Network: Global NLPs

Other regions

Other Asian countries: Srilanka, India, Iran, ...

SEA countries

SEA NLP ALUMNI Board

Cambodia  Indonesia
Thailand  Vietnam
Brunei DS  Lao PR
Malaysia  Philippines
Timor Leste  Myanmar
Rollout Courses & Special Program
Establishment of **MSc in Human Nutrition** at the School of Public Health, National Institute of Public Health (SPH-NIPH), Min. of Health Cambodia

**Roll-out Course**

- **Curriculum and program development (2011-2012)**
- **Capacity building of the core faculty (2013-2014)**
- **Joint research/other activities (2014 onward)**

**Roll-out Courses:**
- Nutrition in the Life Cycle
- Applied Nutritional Assessment
- Food Safety
- Research Methodology

**Student’s thesis advisory in FBDG LP/Optifood**
MSc in Human Nutrition at the SPH-NIPH, Cambodia
Roll-out Course: Food Safety

• Regional: Mekong Countries (Cambodia, Laos, Myanmar).

• National:
  Cirebon, West Java, Indonesia, December 19th – 21st 2013, in collaboration with Nutrition Study Program of Health Polytechnic of Tasikmalaya.

Continuation of ToT Food Safety, supported by Industry Council for Development (ICD)
**HENRI**
*(Higher Education Network Ring Initiative)*

**Partners:** Harvard School of Public Health, Andalas Univ. (West Sumatra), Mataram Univ (West Nusa Tenggara), SID, HKI

**Goals:** to develop a sustainable training program in higher education in public health that is rooted in

– active use of local data to inform policy decisions,
– practice-based training curriculum, and
– development of university faculty to be able to replicate and expand the framework.
Programs:
1. Support for MSc/PhD programs
2. Summer course program
3. Internship program
4. Statistical recharging training
5. Workshops:
   • Workshop on Public Health Curriculum Development and Strengthening Local Government Role
   • Workshop on Lesson Plan Development
   • Workshop on scientific writing
Acknowledgement:
Funders and donors

SEA-NLP
• Ministry of Education, Indonesia
• International Union of Nutritional Sciences (IUNS)
• UNICEF
• Sight and Life
• Nestlé Foundation
• ILSI-SEA
• Yakes Telkom
• Unilever

Degree Programs
• Ministry of Education, Indonesia (S/R)
• DAAD Germany (S/R)
• USAID through HENRI Program (S)
• Bank Mandiri (S)
• Nestlé Foundation (R)
• Danone Institute Indonesia (R)

S=scholarship, R=research
Thank You

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